



# 5 WAYS TO GET YOUR SUPER SORTED

**There are lots of ways to help make your super grow, but here's the top five.**



## Put as much money into your super as you can.

Even if it's as little as an extra \$20 a week, it can make a big difference to your retirement in the end thanks to compound interest. See our super calculator here <https://www.ausfoodsuper.com.au/super-calculator/> to work out ways you can save money to put towards your retirement savings.



## Put it all in the one fund.

At Australian Food Super we can find your lost super for you AND organise to roll-it-over, all over the phone. Just call us on **1800 808 614**.



## Choose the investment option that suits you.

When you're younger you can usually afford to invest in riskier high return options, as you have time to recover from any losses. It all depends on how you feel about the risks of investing and your time frame.



## Review your insurance.

If something happens to you and you're not insured, you might have to use all your savings now and have nothing left for later. Australian Food Super provides insurance cover for all eligible members which you can adjust at any time to suit your needs.



## Get some assistance.

Simple financial advice over the phone is included as part of your membership at Australian Food Super. You can get further information from the Client Service Managers who visit worksites. Call us on **1800 808 614** or come and talk with us on our next visit to your worksite.



Australian  
**FOOD  
SUPER**



Your Industry Fund

If you require a printed copy of this Fact Sheet please contact the **Member Hotline** on **1800 808 614**.



**Member Hotline**  
**1800 808 614**



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